



American Board of Directors

Abby Flam is a health care planner and administrator who has focused on improving health care access and program development for over 30 years. Her involvement with Connect Africa Foundation dates from CAF founding.

Barbara Abramowitz LMHC, LMFT is a Licensed Mental Health Counselor, Licensed Marriage and Family Therapist, and Certified Body-Mind Life Coaching™ Specialist. With more than 30 years experience in the mental health field Barbara now has a private practice in psychotherapy and coaching.

Karen O’Beirne is a National Relationship Manager for Sun Life. Karen has over 30 years of industry experience working in worldwide life insurance, marketing, sales and distribution company focused on corporate sponsored executive benefits and high net worth individual planning.

Marialyce Worden has worked for more than 35 years in health care, as a clinical laboratory scientist and as a drug development professional. Prior to joining the Board she had twice visited CAF. Her experience with CAF allowed her to fully realize the importance of our connections and responsibilities, having experienced first hand that lives are changed in meaningful ways through our presence and efforts.

Melissa Mann has a M.S. in Accounting and works as an Accounting Consultant. Her focus is on helping organizations achieve operational excellence and reducing costs while maximizing benefits. She recently joined the board of CAF and will contribute her expertise in financial analysis to helping us grow.

Ugandan Board of Directors

Kimani-Ntege Esther is business woman selling maternity and children’s clothing. She brings her forward thinking attitude and skill with social media to the board.

Kizito Ahamada is farmer who was born, raised and continues to live in Kyaliwajjala. He knows everyone in the area and is great source of information, insights and connections.

Magoola Rachel is an internationally famous Ugandan singer. Her family has founded a Teacher’s College where Rachel is the Head Mistress. She brings her skills managing students and educational institution bureaucracy to CAF.

Nagudi Faridah is a jack of all trades. She has worked as nanny, farmer and business woman. She is very well connected and is able to help us link with multitudes of individuals and services.

Canon Segawa Henry is Reverend at Uganda Martyrs’ Seminary and principal at Namugongo Mixed Primary School. He lives and works in an impoverished community, helping direct orphaned students to our sponsorship program.